



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Heitmann, Melanie

Club: Escheburg  
Number: 686

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:09:31

Speed: 8.29 km/h  
Running performance: 7:14 min/km

Rank in course/Total: 133 (of 148)

Rank in course/Women: 45 (of 54)

Best time in course: 42:53

Rank in category: 4(of 4)

Best time in the category: 46:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	35:52	8:44	4	12:47	46	14:49	4.10	35:52	8:44	5	12:47	55	14:49
Loddenke	2.20	13:27	6:06	4	4:14	40	5:03	6.30	49:19	7:49	5	17:01	55	19:52
Ilseburg/Markt	3.30	20:12	6:07	4	5:54	44	6:46	9.60	1:09:31	7:14	4	22:55	45	26:38