



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Nguyen, Hoang

Club: Wernigerode
Number: 735

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:13:04

Speed: 7.88 km/h
Running performance: 7:37 min/km

Rank in course/Total: 138 (of 148)

Rank in course/Men: 91 (of 94)

Best time in course: 35:15

Rank in category: 11(of 11)

Best time in the category: 44:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	37:07	9:03	11	14:47	92	19:37	4.10	37:07	9:03	12	14:47	95	19:37
Loddenke	2.20	14:26	6:33	11	5:43	89	7:27	6.30	51:33	8:10	12	20:30	94	27:04
Ilseburg/Markt	3.30	21:31	6:31	11	8:12	92	10:45	9.60	1:13:04	7:36	11	28:42	91	37:49