



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Szonn, Cornelia

Club: Burgwedel
Number: 766

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:15:06

Speed: 7.19 km/h
Running performance: 7:49 min/km

Rank in course/Total: 140 (of 148)

Rank in course/Women: 49 (of 54)

Best time in course: 42:53

Rank in category: 6(of 7)

Best time in the category: 53:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	37:06	9:02	6	10:07	49	16:03	4.10	37:06	9:02	8	10:07	55	16:03
Loddenke	2.20	16:07	7:19	7	5:04	51	7:43	6.30	53:13	8:26	8	15:11	55	23:46
Ilseburg/Markt	3.30	21:53	6:37	6	6:05	50	8:27	9.60	1:15:06	7:49	6	21:16	49	32:13