



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Zipter, Jan-Alrik

Club: Laufspass SW Sende
Number: 780

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:25:58

Speed: 6.28 km/h
Running performance: 8:57 min/km

Rank in course/Total: 146 (of 148)

Rank in course/Men: 94 (of 94)

Best time in course: 35:15

Rank in category: 3(of 3)

Best time in the category: 43:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	37:10	9:03	3	16:09	93	19:40	4.10	37:10	9:03	4	16:09	95	19:40
Loddenke	2.20	19:27	8:50	3	10:49	92	12:28	6.30	56:37	8:59	4	26:58	94	32:08
Ilseburg/Markt	3.30	29:21	8:53	3	15:22	93	18:35	9.60	1:25:58	8:57	3	42:20	94	50:43