



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Koepe, Ulrike

Club: Lauffreiweger
Number: 237

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:16:28

Speed: 11.43 km/h
Running performance: 5:13 min/km

Rank in course/Total: 72 (of 467)

Rank in course/Women: 4 (of 80)

Best time in course: 2:03:14

Rank in category: 1(of 11)

Best time in the category: 2:16:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:07	5:29	1	-	9	3:12	3.30	18:07	5:29	1	-	81	3:12
Schlüsie	3.10	18:24	5:56	1	-	5	1:41	6.40	36:31	5:42	1	-	81	4:53
Hermannsklippe	2.60	16:09	6:12	1	-	6	1:25	9.00	52:40	5:51	1	-	81	6:18
Brocken	3.10	24:44	7:58	1	-	2	0:04	12.10	1:17:24	6:23	1	-	81	6:22
Eiserner Handweg	3.60	15:57	4:25	1	-	3	1:27	15.70	1:33:21	5:56	1	-	81	7:49
Schlüsie	4.10	15:30	3:46	1	-	4	1:34	19.80	1:48:51	5:29	1	-	81	9:23
Loddenke	3.10	13:10	4:14	1	-	6	1:46	22.90	2:02:01	5:19	1	-	80	11:09
Ilseburg/Markt	3.30	14:27	4:22	1	-	6	2:05	26.20	2:16:28	5:12	1	-	4	13:14