



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Gropp, Christian

Club: Skiclub Ilseburg
Number: 795

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 44:37

Speed: 12.10 km/h
Running performance: 4:39 min/km

Rank in course/Total: 15 (of 148)

Rank in course/Men: 14 (of 94)

Best time in course: 35:15

Rank in category: 3(of 13)

Best time in the category: 39:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:08	5:23	3	2:10	13	4:38	4.10	22:08	5:23	14	2:10	95	4:38
Loddenke	2.20	8:50	4:00	3	1:00	13	1:51	6.30	30:58	4:54	14	3:08	94	6:29
Ilseburg/Markt	3.30	13:39	4:08	6	1:48	16	2:53	9.60	44:37	4:38	3	4:56	14	9:22