



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Krahn, Daniel

Club: Harzer Runner
Number: 710

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 45:48

Speed: 11.79 km/h
Running performance: 4:46 min/km

Rank in course/Total: 17 (of 148)

Rank in course/Men: 16 (of 94)

Best time in course: 35:15

Rank in category: 3(of 11)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:48	5:33	3	1:57	17	5:18	4.10	22:48	5:33	12	1:57	95	5:18
Loddenke	2.20	9:32	4:19	3	1:42	27	2:33	6.30	32:20	5:07	12	3:20	94	7:51
Ilseburg/Markt	3.30	13:28	4:04	3	1:23	12	2:42	9.60	45:48	4:46	3	4:40	16	10:33