



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Hörning, Jürgen

Club: TSV Langeoog  
Number: 697

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:25:21

Speed: 6.75 km/h  
Running performance: 8:53 min/km

Rank in course/Total: 144 (of 148)

Rank in course/Men: 93 (of 94)

Best time in course: 35:15

Rank in category: 4(of 4)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	42:08	10:16	4	9:59	94	24:38	4.10	42:08	10:16	5	9:59	95	24:38
Loddenke	2.20	21:57	9:58	4	9:20	93	14:58	6.30	1:04:05	10:10	5	19:19	94	39:36
Ilseburg/Markt	3.30	21:16	6:26	4	3:36	91	10:30	9.60	1:25:21	8:53	4	22:55	93	50:06