



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Baecke, Sebastian

Club: RiEMER-MTC  
Number: 104

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:20:07

Speed: 11.13 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 94 (of 467)

Rank in course/Men: 88 (of 387)

Best time in course: 1:40:22

Rank in category: 20(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:21	5:15	19	3:41	89	4:50	3.30	17:21	5:15	60	3:41	388	4:50
Schlüsie	3.10	18:07	5:50	14	3:35	63	5:03	6.40	35:28	5:32	60	7:16	388	9:52
Hermannsklippe	2.60	15:47	6:04	16	3:07	68	4:26	9.00	51:15	5:41	60	10:23	388	14:18
Brocken	3.10	24:34	7:55	11	4:41	50	6:47	12.10	1:15:49	6:15	60	14:53	378	21:05
Eiserner Handwe	3.60	18:11	5:03	25	5:23	144	5:51	15.70	1:34:00	5:59	60	20:16	388	26:55
Schlüsie	4.10	17:14	4:12	26	5:06	130	5:38	19.80	1:51:14	5:37	60	25:22	388	32:09
Loddenke	3.10	14:07	4:33	27	3:59	142	4:12	22.90	2:05:21	5:28	60	29:21	384	36:10
Ilseburg/Markt	3.30	14:46	4:28	21	3:37	103	3:58	26.20	2:20:07	5:20	20	32:58	88	39:45