



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Krüger, Steven

Club: Magdeburg
Number: 252

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:33:27

Speed: 10.17 km/h
Running performance: 5:52 min/km

Rank in course/Total: 179 (of 467)

Rank in course/Men: 165 (of 387)

Best time in course: 1:40:22

Rank in category: 20(of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:08	5:47	21	5:29	189	6:37	3.30	19:08	5:47	51	5:29	388	6:37
Schlüsie	3.10	19:46	6:22	17	5:36	137	6:42	6.40	38:54	6:04	51	11:05	388	13:18
Hermannsklippe	2.60	17:54	6:53	20	6:01	166	6:33	9.00	56:48	6:18	51	17:06	388	19:51
Brocken	3.10	28:07	9:04	16	9:35	131	10:20	12.10	1:24:55	7:01	51	26:41	388	30:11
Eiserner Handwe	3.60	20:02	5:33	27	7:20	230	7:42	15.70	1:44:57	6:41	51	34:01	388	37:52
Schlüsie	4.10	18:43	4:33	25	6:36	208	7:07	19.80	2:03:40	6:14	51	40:37	388	44:35
Loddenke	3.10	14:32	4:41	20	4:30	169	4:37	22.90	2:18:12	6:02	49	45:07	384	49:01
Ilseburg/Markt	3.30	15:15	4:37	14	4:27	132	4:27	26.20	2:33:27	5:51	20	49:34	165	53:05