



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Matthies, Angelina

Club: SCC Berlin
Number: 727

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 47:20

Speed: 11.41 km/h
Running performance: 4:56 min/km

Rank in course/Total: 31 (of 148)

Rank in course/Women: 4 (of 54)

Best time in course: 42:53

Rank in category: 1(of 7)

Best time in the category: 47:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	23:52	5:49	1	-	4	2:49	4.10	23:52	5:49	1	-	55	2:49
Loddenke	2.20	9:14	4:11	1	-	4	0:50	6.30	33:06	5:15	1	-	55	3:39
Ilseburg/Markt	3.30	14:14	4:18	1	-	2	0:48	9.60	47:20	4:55	1	-	4	4:27