



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Röder, Maximilian

Club: Veckenstedt  
Number: 812

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 45:47

Speed: 11.79 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 16 (of 148)

Rank in course/Men: 15 (of 94)

Best time in course: 35:15

Rank in category: 4(of 13)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:02	5:37	4	3:04	21	5:32	4.10	23:02	5:37	14	3:04	95	5:32
Loddenke	2.20	9:09	4:09	6	1:19	17	2:10	6.30	32:11	5:06	14	4:21	92	7:42
Ilseburg/Markt	3.30	13:36	4:07	5	1:45	15	2:50	9.60	45:47	4:46	4	6:06	15	10:32