



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Cygan, Thomas

Club: SC DHfK Leipzig
Number: 55

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:38:58

Speed: 9.81 km/h
Running performance: 6:04 min/km

Rank in course/Total: 213 (of 467)

Rank in course/Men: 194 (of 387)

Best time in course: 1:40:22

Rank in category: 33(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:25	5:53	37	4:03	208	6:54	3.30	19:25	5:53	68	4:03	388	6:54
Schlüsie	3.10	21:47	7:01	43	5:53	238	8:43	6.40	41:12	6:26	68	9:44	388	15:36
Hermannsklippe	2.60	19:06	7:20	41	5:00	235	7:45	9.00	1:00:18	6:41	68	14:44	388	23:21
Brocken	3.10	28:55	9:19	27	6:50	152	11:08	12.10	1:29:13	7:22	68	21:34	388	34:29
Eiserner Handwe	3.60	20:07	5:35	42	5:32	234	7:47	15.70	1:49:20	6:57	68	26:14	388	42:15
Schlüsie	4.10	19:41	4:48	43	6:02	250	8:05	19.80	2:09:01	6:30	68	31:08	388	49:56
Loddenke	3.10	14:46	4:45	30	3:08	185	4:51	22.90	2:23:47	6:16	66	34:11	384	54:36
Ilseburg/Markt	3.30	15:11	4:36	19	2:15	127	4:23	26.20	2:38:58	6:04	33	36:10	194	58:36