



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Grell, Christian

Club: BSG Sparkasse HGP
Number: 517

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:49:54

Speed: 9.18 km/h
Running performance: 6:29 min/km

Rank in course/Total: 292 (of 467)

Rank in course/Men: 260 (of 387)

Best time in course: 1:40:22

Rank in category: 43(of 66)

Best time in the category: 1:57:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:08	6:06	41	5:35	254	7:37	3.30	20:08	6:06	67	5:35	388	7:37
Schlüsie	3.10	20:58	6:45	31	5:20	195	7:54	6.40	41:06	6:25	67	10:55	388	15:30
Hermannsklippe	2.60	18:09	6:58	27	4:11	180	6:48	9.00	59:15	6:34	67	15:06	388	22:18
Brocken	3.10	29:31	9:31	24	6:52	169	11:44	12.10	1:28:46	7:20	67	21:58	388	34:02
Eiserner Handwe	3.60	19:58	5:32	40	6:20	226	7:38	15.70	1:48:44	6:55	67	28:18	388	41:39
Schlüsie	4.10	21:50	5:19	55	8:45	316	10:14	19.80	2:10:34	6:35	67	37:03	388	51:29
Loddenke	3.10	19:03	6:08	62	7:55	345	9:08	22.90	2:29:37	6:32	67	44:58	384	1:00:26
Ilseburg/Markt	3.30	20:17	6:08	61	7:55	343	9:29	26.20	2:49:54	6:29	43	52:53	260	1:09:32