



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Eggert, Irmgard

Club: Rennsteiglaufverein
Number: 300

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W70 (70-74 Jahre)

Total time: 2:53:49

Speed: 8.97 km/h
Running performance: 6:38 min/km

Rank in course/Total: 318 (of 467)

Rank in course/Women: 35 (of 80)

Best time in course: 2:03:14

Rank in category: 1(of 2)

Best time in the category: 2:53:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:52	6:55	2	2:21	68	7:57	3.30	22:52	6:55	3	2:21	81	7:57
Schlüsie	3.10	24:21	7:51	2	0:48	52	7:38	6.40	47:13	7:22	3	3:09	81	15:35
Hermannsklippe	2.60	22:44	8:44	2	1:23	56	8:00	9.00	1:09:57	7:46	3	4:32	81	23:35
Brocken	3.10	33:20	10:45	1	-	33	8:40	12.10	1:43:17	8:32	3	3:12	81	32:15
Eiserner Handwe	3.60	19:20	5:22	1	-	25	4:50	15.70	2:02:37	7:48	3	0:57	81	37:05
Schlüsie	4.10	18:10	4:25	1	-	21	4:14	19.80	2:20:47	7:06	1	-	81	41:19
Loddenke	3.10	15:47	5:05	1	-	29	4:23	22.90	2:36:34	6:50	1	-	80	45:42
Ilseburg/Markt	3.30	17:15	5:13	1	-	30	4:53	26.20	2:53:49	6:38	1	-	35	50:35