



# 50. Brockenlauf

Ilsenburg / 04.09.2021

## Detailed evaluation

**Kanning, Dominik**

Club: Isernhagen  
Number: 217

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:47:41

Speed: 9.37 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 276 (of 467)

Rank in course/Men: 247 (of 387)

Best time in course: 1:40:22

Rank in category: 21(of 27)

Best time in the category: 1:49:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	6:02	21	7:24	234	7:24	3.30	19:55	6:02	28	7:24	388	7:24
Schlüsie	3.10	21:18	6:52	21	7:42	218	8:14	6.40	41:13	6:26	28	15:06	388	15:37
Hermannsklippe	2.60	18:51	7:15	21	6:52	222	7:30	9.00	1:00:04	6:40	28	21:58	388	23:07
Brocken	3.10	32:37	10:31	21	12:33	261	14:50	12.10	1:32:41	7:39	28	34:31	388	37:57
Eiserner Handwe	3.60	21:24	5:56	24	7:51	289	9:04	15.70	1:54:05	7:15	28	42:22	388	47:00
Schlüsie	4.10	20:32	5:00	23	6:56	281	8:56	19.80	2:14:37	6:47	28	48:45	388	55:32
Loddenke	3.10	20:51	6:43	26	9:22	367	10:56	22.90	2:35:28	6:47	28	58:00	384	1:06:17
Ilsenburg/Markt	3.30	12:13	3:42	1	-	8	1:25	26.20	2:47:41	6:24	21	57:50	247	1:07:19