



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Guthmann, Benjamin

Club: Bielefeld  
Number: 175

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:52:27

Speed: 9.05 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 309 (of 467)

Rank in course/Men: 275 (of 387)

Best time in course: 1:40:22

Rank in category: 27(of 31)

Best time in the category: 1:40:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:34	6:32	30	9:02	314	9:03	3.30	21:34	6:32	32	9:02	388	9:03
Schlüsie	3.10	22:43	7:19	28	9:39	282	9:39	6.40	44:17	6:55	32	18:41	388	18:41
Hermannsklippe	2.60	18:45	7:12	24	7:24	214	7:24	9.00	1:03:02	7:00	32	26:05	388	26:05
Brocken	3.10	33:01	10:39	28	15:14	278	15:14	12.10	1:36:03	7:56	32	41:19	388	41:19
Eiserner Handwe	3.60	21:43	6:01	28	9:23	297	9:23	15.70	1:57:46	7:30	32	50:41	388	50:41
Schlüsie	4.10	20:28	4:59	29	8:52	280	8:52	19.80	2:18:14	6:58	32	59:09	388	59:09
Loddenke	3.10	16:54	5:27	27	6:59	290	6:59	22.90	2:35:08	6:46	32	1:05:57	384	1:05:57
Ilseburg/Markt	3.30	17:19	5:14	25	6:29	238	6:31	26.20	2:52:27	6:34	27	1:12:05	275	1:12:05