



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Erzberger, Stefan

Club: SCC Berlin
Number: 115

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:51:21

Speed: 9.10 km/h
Running performance: 6:32 min/km

Rank in course/Total: 300 (of 467)

Rank in course/Men: 267 (of 387)

Best time in course: 1:40:22

Rank in category: 47(of 67)

Best time in the category: 2:02:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:57	6:39	56	6:35	332	9:26	3.30	21:57	6:39	68	6:35	388	9:26
Schlüsie	3.10	23:08	7:27	53	7:14	299	10:04	6.40	45:05	7:02	68	13:37	388	19:29
Hermannsklippe	2.60	20:06	7:43	47	6:00	282	8:45	9.00	1:05:11	7:14	68	19:37	388	28:14
Brocken	3.10	30:29	9:50	37	8:24	198	12:42	12.10	1:35:40	7:54	68	28:01	388	40:56
Eiserner Handwe	3.60	21:28	5:57	50	6:53	290	9:08	15.70	1:57:08	7:27	68	34:02	388	50:03
Schlüsie	4.10	20:26	4:59	47	6:47	279	8:50	19.80	2:17:34	6:56	68	39:41	388	58:29
Loddenke	3.10	15:42	5:03	37	4:04	236	5:47	22.90	2:33:16	6:41	66	43:40	384	1:04:05
Ilseburg/Markt	3.30	18:05	5:28	50	5:09	273	7:17	26.20	2:51:21	6:32	47	48:33	267	1:10:59