



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kroll, Christian

Club: Salzgitter
Number: 712

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 50:13

Speed: 11.47 km/h
Running performance: 5:14 min/km

Rank in course/Total: 43 (of 148)

Rank in course/Men: 35 (of 94)

Best time in course: 35:15

Rank in category: 8(of 13)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:09	6:08	8	5:11	34	7:39	4.10	25:09	6:08	14	5:11	95	7:39
Loddenke	2.20	9:57	4:31	7	2:07	31	2:58	6.30	35:06	5:34	14	7:16	94	10:37
Ilseburg/Markt	3.30	15:07	4:34	8	3:16	41	4:21	9.60	50:13	5:13	8	10:32	35	14:58