



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Rohde, Christian

Club: AV Lübtheen
Number: 370

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:10:05

Speed: 8.21 km/h
Running performance: 7:16 min/km

Rank in course/Total: 399 (of 467)

Rank in course/Men: 341 (of 387)

Best time in course: 1:40:22

Rank in category: 56(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:45	6:53	61	7:23	357	10:14	3.30	22:45	6:53	68	7:23	388	10:14
Schlüsie	3.10	25:57	8:22	63	10:03	364	12:53	6.40	48:42	7:36	68	17:14	388	23:06
Hermannsklippe	2.60	23:32	9:03	65	9:26	369	12:11	9.00	1:12:14	8:01	68	26:40	388	35:17
Brocken	3.10	36:05	11:38	56	14:00	326	18:18	12.10	1:48:19	8:57	68	40:40	388	53:35
Eiserner Handwe	3.60	21:34	5:59	52	6:59	294	9:14	15.70	2:09:53	8:16	68	46:47	388	1:02:48
Schlüsie	4.10	21:55	5:20	53	8:16	318	10:19	19.80	2:31:48	7:40	68	53:55	388	1:12:43
Loddenke	3.10	18:36	6:00	56	6:58	336	8:41	22.90	2:50:24	7:26	66	1:00:48	384	1:21:13
Ilseburg/Markt	3.30	19:41	5:57	57	6:45	329	8:53	26.20	3:10:05	7:15	56	1:07:17	341	1:29:43