



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Hillmer, Frank

Club: Leipzig  
Number: 195

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:10:55

Speed: 8.17 km/h  
Running performance: 7:17 min/km

Rank in course/Total: 403 (of 467)

Rank in course/Men: 344 (of 387)

Best time in course: 1:40:22

Rank in category: 58(of 67)

Best time in the category: 2:02:48

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 24:00      | 7:16         | 65          | 8:38        | 370     | 11:29      | 3.30          | 24:00      | 7:16         | 68       | 8:38        | 388     | 11:29      |
| Schlüsie           | 3.10     | 26:16      | 8:28         | 64          | 10:22       | 367     | 13:12      | 6.40          | 50:16      | 7:51         | 68       | 18:48       | 388     | 24:40      |
| Hermannsklippe     | 2.60     | 22:21      | 8:35         | 59          | 8:15        | 351     | 11:00      | 9.00          | 1:12:37    | 8:04         | 68       | 27:03       | 388     | 35:40      |
| Brocken            | 3.10     | 34:40      | 11:10        | 52          | 12:35       | 308     | 16:53      | 12.10         | 1:47:17    | 8:51         | 68       | 39:38       | 388     | 52:33      |
| Eiserner Handwe    | 3.60     | 21:46      | 6:02         | 53          | 7:11        | 298     | 9:26       | 15.70         | 2:09:03    | 8:13         | 68       | 45:57       | 388     | 1:01:58    |
| Schlüsie           | 4.10     | 21:54      | 5:20         | 52          | 8:15        | 317     | 10:18      | 19.80         | 2:30:57    | 7:37         | 68       | 53:04       | 388     | 1:11:52    |
| Loddenke           | 3.10     | 18:50      | 6:04         | 58          | 7:12        | 341     | 8:55       | 22.90         | 2:49:47    | 7:24         | 66       | 1:00:11     | 384     | 1:20:36    |
| Ilseburg/Markt     | 3.30     | 21:08      | 6:24         | 59          | 8:12        | 358     | 10:20      | 26.20         | 3:10:55    | 7:17         | 58       | 1:08:07     | 344     | 1:30:33    |