



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Hinsche, Daniel

Club: Bundeswehr  
Number: 694

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 51:18

Speed: 10.53 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 49 (of 148)

Rank in course/Men: 40 (of 94)

Best time in course: 35:15

Rank in category: 4(of 7)

Best time in the category: 44:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	25:45	6:16	3	3:58	41	8:15	4.10	25:45	6:16	8	3:58	95	8:15	
Loddenke	2.20	10:31	4:46	4	1:54	42	3:32	6.30	36:16	5:45	8	5:52	94	11:47	
Ilseburg/Markt	3.30	15:02	4:33	4	1:16	37	4:16	9.60	51:18	5:20	4	7:08	40	16:03	