



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kettenbeil, Eckard

Club: Nix tun kann Jeder
Number: 222

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:12:22

Speed: 8.11 km/h
Running performance: 7:20 min/km

Rank in course/Total: 406 (of 467)

Rank in course/Men: 345 (of 387)

Best time in course: 1:40:22

Rank in category: 12(of 16)

Best time in the category: 2:23:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:45	6:35	8	4:41	321	9:14	3.30	21:45	6:35	17	4:41	388	9:14
Schlüsie	3.10	24:04	7:45	11	5:29	329	11:00	6.40	45:49	7:09	17	10:10	388	20:13
Hermannsklippe	2.60	21:26	8:14	11	4:45	321	10:05	9.00	1:07:15	7:28	17	14:55	388	30:18
Brocken	3.10	36:59	11:55	12	9:03	342	19:12	12.10	1:44:14	8:36	17	23:58	388	49:30
Eiserner Handwe	3.60	24:01	6:40	13	6:57	349	11:41	15.70	2:08:15	8:10	17	30:55	388	1:01:10
Schlüsie	4.10	23:43	5:47	14	6:47	352	12:07	19.80	2:31:58	7:40	17	37:42	388	1:12:53
Loddenke	3.10	20:36	6:38	15	6:32	365	10:41	22.90	2:52:34	7:32	17	44:03	384	1:23:23
Ilseburg/Markt	3.30	19:48	6:00	12	4:31	332	9:00	26.20	3:12:22	7:20	12	48:34	345	1:32:00