



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Tindale, Graham

Club: ELZE
Number: 767

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 51:43

Speed: 10.44 km/h
Running performance: 5:23 min/km

Rank in course/Total: 51 (of 148)

Rank in course/Men: 42 (of 94)

Best time in course: 35:15

Rank in category: 5(of 7)

Best time in the category: 44:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:26	6:26	5	4:39	49	8:56	4.10	26:26	6:26	8	4:39	95	8:56
Loddenke	2.20	10:33	4:47	5	1:56	43	3:34	6.30	36:59	5:52	8	6:35	94	12:30
Ilseburg/Markt	3.30	14:44	4:27	3	0:58	32	3:58	9.60	51:43	5:23	5	7:33	42	16:28