



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Hanel, Gerd

Club: Hannover
Number: 183

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:17:16

Speed: 7.91 km/h
Running performance: 7:32 min/km

Rank in course/Total: 426 (of 467)

Rank in course/Men: 360 (of 387)

Best time in course: 1:40:22

Rank in category: 61(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:11	6:43	57	6:49	339	9:40	3.30	22:11	6:43	68	6:49	388	9:40
Schlüsie	3.10	24:28	7:53	58	8:34	342	11:24	6.40	46:39	7:17	68	15:11	388	21:03
Hermannsklippe	2.60	23:01	8:51	63	8:55	362	11:40	9.00	1:09:40	7:44	68	24:06	388	32:43
Brocken	3.10	37:33	12:06	59	15:28	345	19:46	12.10	1:47:13	8:51	68	39:34	388	52:29
Eiserner Handwe	3.60	24:03	6:40	60	9:28	351	11:43	15.70	2:11:16	8:21	68	48:10	388	1:04:11
Schlüsie	4.10	24:00	5:51	63	10:21	355	12:24	19.80	2:35:16	7:50	68	57:23	388	1:16:11
Loddenke	3.10	19:35	6:19	59	7:57	352	9:40	22.90	2:54:51	7:38	66	1:05:15	384	1:25:40
Ilseburg/Markt	3.30	22:25	6:47	63	9:29	368	11:37	26.20	3:17:16	7:31	61	1:14:28	360	1:36:54