



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Landwehr, Michael

Club: Gernrode  
Number: 26

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 3:19:16

Speed: 7.83 km/h  
Running performance: 7:37 min/km

Rank in course/Total: 433 (of 467)

Rank in course/Men: 365 (of 387)

Best time in course: 1:40:22

Rank in category: 3(of 6)

Best time in the category: 2:47:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:07	7:00	2	3:32	363	10:36	3.30	23:07	7:00	7	3:32	388	10:36
Schlüsie	3.10	26:00	8:23	2	3:46	365	12:56	6.40	49:07	7:40	7	7:18	388	23:31
Hermannsklippe	2.60	22:55	8:48	3	3:25	360	11:34	9.00	1:12:02	8:00	7	10:43	388	35:05
Brocken	3.10	38:42	12:29	4	6:28	368	20:55	12.10	1:50:44	9:09	7	17:11	388	56:00
Eiserner Handwe	3.60	23:21	6:29	4	3:31	340	11:01	15.70	2:14:05	8:32	7	20:42	388	1:07:00
Schlüsie	4.10	23:20	5:41	4	4:47	344	11:44	19.80	2:37:25	7:57	7	25:29	388	1:18:20
Loddenke	3.10	20:18	6:32	4	3:31	361	10:23	22.90	2:57:43	7:45	7	29:00	384	1:28:32
Ilseburg/Markt	3.30	21:33	6:31	3	2:26	362	10:45	26.20	3:19:16	7:36	3	31:26	365	1:38:54