



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Haase, Andre

Club: Kalefeld
Number: 176

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:02:13

Speed: 8.56 km/h
Running performance: 6:57 min/km

Rank in course/Total: 362 (of 467)

Rank in course/Men: 315 (of 387)

Best time in course: 1:40:22

Rank in category: 52(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:21	6:46	54	8:41	347	9:50	3.30	22:21	6:46	60	8:41	388	9:50
Schlüsie	3.10	23:24	7:32	51	8:52	313	10:20	6.40	45:45	7:08	60	17:33	388	20:09
Hermannsklippe	2.60	20:03	7:42	46	7:23	275	8:42	9.00	1:05:48	7:18	60	24:56	388	28:51
Brocken	3.10	32:27	10:28	45	12:34	257	14:40	12.10	1:38:15	8:07	60	37:19	388	43:31
Eiserner Handwe	3.60	22:53	6:21	53	10:05	324	10:33	15.70	2:01:08	7:42	60	47:24	388	54:03
Schlüsie	4.10	22:34	5:30	56	10:26	331	10:58	19.80	2:23:42	7:15	60	57:50	388	1:04:37
Loddenke	3.10	18:05	5:49	55	7:57	326	8:10	22.90	2:41:47	7:03	60	1:05:47	384	1:12:36
Ilseburg/Markt	3.30	20:26	6:11	56	9:17	347	9:38	26.20	3:02:13	6:57	52	1:15:04	315	1:21:51