



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kuthe-Schulz, Birger

Club: FSV GW Ilseburg AH
Number: 719

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 50:11

Speed: 10.76 km/h
Running performance: 5:14 min/km

Rank in course/Total: 42 (of 148)

Rank in course/Men: 34 (of 94)

Best time in course: 35:15

Rank in category: 5(of 10)

Best time in the category: 41:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:19	6:10	4	4:35	35	7:49	4.10	25:19	6:10	11	4:35	95	7:49
Loddenke	2.20	9:52	4:29	5	1:18	30	2:53	6.30	35:11	5:35	11	5:53	94	10:42
Ilseburg/Markt	3.30	15:00	4:32	5	2:36	36	4:14	9.60	50:11	5:13	5	8:29	34	14:56