



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Rennemann, Sören

Club: Schladen (Harz)  
Number: 742

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 54:48

Speed: 9.85 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 68 (of 148)

Rank in course/Men: 52 (of 94)

Best time in course: 35:15

Rank in category: 6(of 7)

Best time in the category: 44:10

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	26:41	6:30	6	4:54	50	9:11	4.10	26:41	6:30	8	4:54	95	9:11
Loddenke	2.20	11:41	5:18	7	3:04	64	4:42	6.30	38:22	6:05	8	7:58	94	13:53
Ilseburg/Markt	3.30	16:26	4:58	6	2:40	55	5:40	9.60	54:48	5:42	6	10:38	52	19:33