



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Lübke, Erik

Club: Geländeläufer Spandau  
Number: 726

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 54:59

Speed: 9.82 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 69 (of 148)

Rank in course/Men: 53 (of 94)

Best time in course: 35:15

Rank in category: 3(of 5)

Best time in the category: 48:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:00	6:20	3	2:13	43	8:30	4.10	26:00	6:20	6	2:13	95	8:30
Loddenke	2.20	12:28	5:39	4	2:15	70	5:29	6.30	38:28	6:06	6	4:28	94	13:59
Ilseburg/Markt	3.30	16:31	5:00	3	2:16	58	5:45	9.60	54:59	5:43	3	6:44	53	19:44