



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Hupe, Hans-Reinhard

Club: LAC Eichsfeld e.V.  
Number: 698

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 53:51

Speed: 10.03 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 64 (of 148)

Rank in course/Men: 49 (of 94)

Best time in course: 35:15

Rank in category: 3(of 5)

Best time in the category: 51:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	26:59	6:34	2	1:16	52	9:29	4.10	26:59	6:34	6	1:16	95	9:29
Loddenke	2.20	11:03	5:01	4	0:55	58	4:04	6.30	38:02	6:02	6	1:46	94	13:33
Ilseburg/Markt	3.30	15:49	4:47	2	0:44	45	5:03	9.60	53:51	5:36	3	2:30	49	18:36