



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Bedemann, Torsten

Club: Ziltendorf
Number: 660

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 55:46

Speed: 9.68 km/h
Running performance: 5:49 min/km

Rank in course/Total: 75 (of 148)

Rank in course/Men: 57 (of 94)

Best time in course: 35:15

Rank in category: 4(of 5)

Best time in the category: 51:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:34	6:58	4	2:51	57	11:04	4.10	28:34	6:58	6	2:51	95	11:04
Loddenke	2.20	11:05	5:02	5	0:57	59	4:06	6.30	39:39	6:17	6	3:23	94	15:10
Ilseburg/Markt	3.30	16:07	4:53	5	1:02	51	5:21	9.60	55:46	5:48	4	4:25	57	20:31