



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Bedemann, Torsten

Club: Ziltendorf  
Number: 660

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 55:46

Speed: 10.33 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 75 (of 148)

Rank in course/Men: 57 (of 94)

Best time in course: 35:15

Rank in category: 4(of 5)

Best time in the category: 51:21

Intermediate times

Stage score

Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Ilsestein      | 4.10        | 28:34         | 6:58            | 4           | 2:51           | 57          | 11:04         | 4.10          | 28:34         | 6:58            | 6           | 2:51           | 95         | 11:04         |
| Loddenke       | 2.20        | 11:05         | 5:02            | 5           | 0:57           | 59          | 4:06          | 6.30          | 39:39         | 6:17            | 6           | 3:23           | 94         | 15:10         |
| Ilseburg/Markt | 3.30        | 16:07         | 4:53            | 5           | 1:02           | 51          | 5:21          | 9.60          | 55:46         | 5:48            | 4           | 4:25           | 57         | 20:31         |