



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kremling, Thomas

Club: Schiekepann
Number: 711

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 56:22

Speed: 9.58 km/h
Running performance: 5:52 min/km

Rank in course/Total: 77 (of 148)

Rank in course/Men: 59 (of 94)

Best time in course: 35:15

Rank in category: 8(of 10)

Best time in the category: 41:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:45	7:00	8	8:01	58	11:15	4.10	28:45	7:00	11	8:01	95	11:15
Loddenke	2.20	11:00	5:00	8	2:26	53	4:01	6.30	39:45	6:18	11	10:27	94	15:16
Ilseburg/Markt	3.30	16:37	5:02	8	4:13	61	5:51	9.60	56:22	5:52	8	14:40	59	21:07