



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Steinecke, Andreas

Club: Nix tun kann Jeder
Number: 764

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:27

Speed: 11.42 km/h
Running performance: 5:16 min/km

Rank in course/Total: 44 (of 148)

Rank in course/Men: 36 (of 94)

Best time in course: 35:15

Rank in category: 2(of 7)

Best time in the category: 44:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:20	6:10	2	3:33	36	7:50	4.10	25:20	6:10	8	3:33	95	7:50
Loddenke	2.20	10:05	4:34	2	1:28	32	3:06	6.30	35:25	5:37	8	5:01	94	10:56
Ilseburg/Markt	3.30	15:02	4:33	4	1:16	37	4:16	9.60	50:27	5:15	2	6:17	36	15:12