



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Stieglitz, Kerstin

Club: Elbingerode
Number: 806

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 58:46

Speed: 9.19 km/h
Running performance: 6:07 min/km

Rank in course/Total: 89 (of 148)

Rank in course/Women: 23 (of 54)

Best time in course: 42:53

Rank in category: 3(of 5)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:43	7:14	4	4:58	25	8:40	4.10	29:43	7:14	6	4:58	55	8:40
Loddenke	2.20	11:26	5:11	3	1:10	21	3:02	6.30	41:09	6:31	6	6:08	55	11:42
Ilseburg/Markt	3.30	17:37	5:20	4	2:58	30	4:11	9.60	58:46	6:07	3	9:06	23	15:53