



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Zerbe, Friedmar

Club: LG Silbersee Leipzig
Number: 779

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 57:36

Speed: 9.38 km/h
Running performance: 6:00 min/km

Rank in course/Total: 87 (of 148)

Rank in course/Men: 66 (of 94)

Best time in course: 35:15

Rank in category: 1(of 4)

Best time in the category: 57:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	28:58	7:03	1	-	60	11:28	4.10	28:58	7:03	1	-	95	11:28	
Loddenke	2.20	11:33	5:15	1	-	63	4:34	6.30	40:31	6:25	1	-	94	16:02	
Ilseburg/Markt	3.30	17:05	5:10	1	-	69	6:19	9.60	57:36	6:00	1	-	66	22:21	