



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Heße, Andreas

Club: Magdeburg  
Number: 692

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 59:26

Speed: 9.69 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 96 (of 148)

Rank in course/Men: 71 (of 94)

Best time in course: 35:15

Rank in category: 8(of 11)

Best time in the category: 41:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:43	7:14	6	8:52	66	12:13	4.10	29:43	7:14	12	8:52	95	12:13
Loddenke	2.20	12:54	5:51	10	5:04	80	5:55	6.30	42:37	6:45	12	13:37	94	18:08
Ilseburg/Markt	3.30	16:49	5:05	6	4:44	66	6:03	9.60	59:26	6:11	8	18:18	71	24:11