



Detailed evaluation

王自军

Total time: 46:21

Speed: 12.94 km/h

Running performance: 4:38 min/km

Number: 71_A0071

Course: 10.00 km

10km (男子)

Rank in course: 10 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 10(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
Kontrolle 105	-	9:37	-	17	17	1:56	1:56	-	9:37	-	17	17	1:56	1:56
Kontrolle 105	-	7:37	-	13	13	1:12	1:12	-	17:14	-	15	15	3:08	3:08
Kontrolle 105	-	7:30	-	10	10	1:02	1:02	-	24:44	-	14	14	4:10	4:10
Kontrolle 105	-	7:27	-	7	7	1:02	1:02	-	32:11	-	11	11	5:12	5:12
Kontrolle 105	-	7:24	-	8	8	1:17	1:17	-	39:35	-	11	11	6:29	6:29
Finish	-	6:46	-	4	4	0:14	0:14	10.00	46:21	-	10	10	6:43	6:43