



Detailed evaluation

李国锋

Total time: 46:56

Speed: 12.78 km/h

Running performance: 4:41 min/km

Number: 64_A0064

Course: 10.00 km

10km (男子)

Rank in course: 11 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 11(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 105	-	9:32	-	16	1:51	16	1:51	-	9:32	-	16	1:51	16	1:51
Kontrolle 105	-	7:41	-	16	1:16	16	1:16	-	17:13	-	14	3:07	14	3:07
Kontrolle 105	-	7:31	-	11	1:03	11	1:03	-	24:44	-	14	4:10	14	4:10
Kontrolle 105	-	7:28	-	8	1:03	8	1:03	-	32:12	-	12	5:13	12	5:13
Kontrolle 105	-	7:24	-	8	1:17	8	1:17	-	39:36	-	12	6:30	12	6:30
Finish	-	7:20	-	12	0:48	12	0:48	10.00	46:56	-	11	7:18	11	7:18