



GXXH

高新区 / 06.05.2021-06.06.2021

Detailed evaluation

段继武

Total time: 48:21

Speed: 12.41 km/h

Running performance: 4:50 min/km

Number: 66_A0066

Course: 10.00 km

10km (男子)

Rank in course: 14 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 14(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Kontrolle 105	-	9:38	-	18	1:57	18	1:57	-	9:38	-	18	1:57	18	1:57
Kontrolle 105	-	7:39	-	14	1:14	14	1:14	-	17:17	-	17	3:11	17	3:11
Kontrolle 105	-	7:46	-	15	1:18	15	1:18	-	25:03	-	17	4:29	17	4:29
Kontrolle 105	-	7:54	-	17	1:29	17	1:29	-	32:57	-	17	5:58	17	5:58
Kontrolle 105	-	7:53	-	16	1:46	16	1:46	-	40:50	-	15	7:44	15	7:44
Finish	-	7:31	-	14	0:59	14	0:59	10.00	48:21	-	14	8:43	14	8:43