



GXXH

高新区 / 06.05.2021-06.06.2021

Detailed evaluation

肖海兰

Total time: 49:06

Speed: 12.22 km/h

Running performance: 4:54 min/km

Number: 60_A0060

Course: 10.00 km

10km (男子)

Rank in course: 19 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 19(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Kontrolle 105	-	9:41	-	20	2:00	20	2:00	-	9:41	-	20	2:00	20	2:00
Kontrolle 105	-	7:51	-	20	1:26	20	1:26	-	17:32	-	20	3:26	20	3:26
Kontrolle 105	-	8:01	-	22	1:33	22	1:33	-	25:33	-	18	4:59	18	4:59
Kontrolle 105	-	7:57	-	20	1:32	20	1:32	-	33:30	-	20	6:31	20	6:31
Kontrolle 105	-	8:01	-	19	1:54	19	1:54	-	41:31	-	21	8:25	21	8:25
Finish	-	7:35	-	17	1:03	17	1:03	10.00	49:06	-	19	9:28	19	9:28