



GXXH
高新区 / 06.05.2021-06.06.2021

Detailed evaluation

韩刚

Total time: 51:53

Speed: 11.56 km/h

Running performance: 5:11 min/km

Number: 23_A0023

Course: 10.00 km

10km (男子)

Rank in course: 24 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 24(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Total	Behind Total	km	Time			min/km	Pos Total	Behind Total
Kontrolle 105	-	10:49	-	32	3:08	32	3:08	-	10:49	-	32	3:08	32	3:08
Kontrolle 105	-	9:07	-	40	2:42	40	2:42	-	19:56	-	34	5:50	34	5:50
Kontrolle 105	-	8:04	-	23	1:36	23	1:36	-	28:00	-	31	7:26	31	7:26
Kontrolle 105	-	8:05	-	22	1:40	22	1:40	-	36:05	-	27	9:06	27	9:06
Kontrolle 105	-	8:02	-	20	1:55	20	1:55	-	44:07	-	28	11:01	28	11:01
Finish	-	7:46	-	18	1:14	18	1:14	10.00	51:53	-	24	12:15	24	12:15