



GXXH

高新区 / 06.05.2021-06.06.2021

Detailed evaluation

李旭

Total time: 52:19

Speed: 11.47 km/h

Running performance: 5:13 min/km

Number: 40_A0040

Course: 10.00 km

10km (男子)

Rank in course: 26 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 26(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 105	-	10:31	-	29	2:50	29	2:50	-	10:31	-	29	2:50	29	2:50
Kontrolle 105	-	8:31	-	31	2:06	31	2:06	-	19:02	-	31	4:56	31	4:56
Kontrolle 105	-	8:32	-	28	2:04	28	2:04	-	27:34	-	29	7:00	29	7:00
Kontrolle 105	-	8:39	-	27	2:14	27	2:14	-	36:13	-	28	9:14	28	9:14
Kontrolle 105	-	8:18	-	26	2:11	26	2:11	-	44:31	-	29	11:25	29	11:25
Finish	-	7:48	-	19	1:16	19	1:16	10.00	52:19	-	26	12:41	26	12:41