



Detailed evaluation

刘保健

Total time: 52:50

Speed: 11.36 km/h

Running performance: 5:16 min/km

Number: 34_A0034

Course: 10.00 km

10km (男子)

Rank in course: 28 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 28(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Kontrolle 105	-	9:57	-	27	2:16	27	2:16	-	9:57	-	27	2:16	27	2:16	
Kontrolle 105	-	8:02	-	25	1:37	25	1:37	-	17:59	-	26	3:53	26	3:53	
Kontrolle 105	-	8:06	-	25	1:38	25	1:38	-	26:05	-	26	5:31	26	5:31	
Kontrolle 105	-	9:26	-	36	3:01	36	3:01	-	35:31	-	26	8:32	26	8:32	
Kontrolle 105	-	8:35	-	29	2:28	29	2:28	-	44:06	-	27	11:00	27	11:00	
Finish	-	8:44	-	34	2:12	34	2:12	10.00	52:50	-	28	13:12	28	13:12	