



GXXH

高新区 / 06.05.2021-06.06.2021

Detailed evaluation

武现钦

Total time: 54:36

Speed: 10.99 km/h

Running performance: 5:27 min/km

Number: 21_A0021

Course: 10.00 km

10km (男子)

Rank in course: 30 (of 49)

Best time in course: 39:38

Category:

10km (男子)

Rank in category: 30(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Kontrolle 105 | - | 10:53 | - | 33 | 3:12 | 33 | 3:12 | - | 10:53 | - | 33 | 3:12 | 33 | 3:12 |
| Kontrolle 105 | - | 8:33 | - | 32 | 2:08 | 32 | 2:08 | - | 19:26 | - | 33 | 5:20 | 33 | 5:20 |
| Kontrolle 105 | - | 8:46 | - | 31 | 2:18 | 31 | 2:18 | - | 28:12 | - | 34 | 7:38 | 34 | 7:38 |
| Kontrolle 105 | - | 8:44 | - | 30 | 2:19 | 30 | 2:19 | - | 36:56 | - | 33 | 9:57 | 33 | 9:57 |
| Kontrolle 105 | - | 8:52 | - | 34 | 2:45 | 34 | 2:45 | - | 45:48 | - | 32 | 12:42 | 32 | 12:42 |
| Finish | - | 8:48 | - | 37 | 2:16 | 37 | 2:16 | 10.00 | 54:36 | - | 30 | 14:58 | 30 | 14:58 |