



GXXH
高新区 / 06.05.2021-06.06.2021

Detailed evaluation

庞幸育

Number: 52_A0052

Course: 10.00 km
10km (男子)

Category:
10km (男子)

Total time: 57:28

Speed: 10.44 km/h

Running performance: 5:44 min/km

Rank in course: 41 (of 49)

Best time in course: 39:38

Rank in category: 41(of 49)

Best time in the category: 39:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 105	-	11:23	-	40	3:42	40	3:42	-	11:23	-	40	3:42	40	3:42
Kontrolle 105	-	9:09	-	42	2:44	42	2:44	-	20:32	-	42	6:26	42	6:26
Kontrolle 105	-	9:24	-	41	2:56	41	2:56	-	29:56	-	41	9:22	41	9:22
Kontrolle 105	-	9:31	-	39	3:06	39	3:06	-	39:27	-	40	12:28	40	12:28
Kontrolle 105	-	9:25	-	40	3:18	40	3:18	-	48:52	-	40	15:46	40	15:46
Finish	-	8:36	-	31	2:04	31	2:04	10.00	57:28	-	41	17:50	41	17:50