



GXXH

高新区 / 06.05.2021-06.06.2021

Detailed evaluation

秦艳艳

Total time: 50:40

Speed: 11.84 km/h

Running performance: 5:03 min/km

Number: 76_A0076

Course: 10.00 km

10km (女子)

Rank in course: 4 (of 20)

Best time in course: 43:51

Category:

10km (女子)

Rank in category: 4(of 20)

Best time in the category: 43:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 105	-	9:50	-	4	1:21	4	1:21	-	9:50	-	4	1:21	4	1:21
Kontrolle 105	-	7:55	-	4	1:03	4	1:03	-	17:45	-	4	2:24	4	2:24
Kontrolle 105	-	8:19	-	5	1:19	5	1:19	-	26:04	-	4	3:43	4	3:43
Kontrolle 105	-	8:24	-	5	1:20	5	1:20	-	34:28	-	4	5:03	4	5:03
Kontrolle 105	-	8:31	-	5	1:20	5	1:20	-	42:59	-	4	6:23	4	6:23
Finish	-	7:41	-	4	0:26	4	0:26	10.00	50:40	-	4	6:49	4	6:49