



GXXH

高新区 / 06.05.2021-06.06.2021

Detailed evaluation

邱孟利

Total time: 1:03:19

Speed: 9.48 km/h

Running performance: 6:19 min/km

Number: 74_A0074

Course: 10.00 km

10km (女子)

Rank in course: 12 (of 20)

Best time in course: 43:51

Category:

10km (女子)

Rank in category: 12(of 20)

Best time in the category: 43:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind		
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total		
Kontrolle 105	-	11:54	-	11	3:25	11	3:25	-	11:54	-	11	3:25	11	3:25	11	3:25
Kontrolle 105	-	9:53	-	12	3:01	12	3:01	-	21:47	-	11	6:26	11	6:26	11	6:26
Kontrolle 105	-	9:56	-	12	2:56	12	2:56	-	31:43	-	11	9:22	11	9:22	11	9:22
Kontrolle 105	-	10:10	-	13	3:06	13	3:06	-	41:53	-	12	12:28	12	12:28	12	12:28
Kontrolle 105	-	10:47	-	13	3:36	13	3:36	-	52:40	-	12	16:04	12	16:04	12	16:04
Finish	-	10:39	-	13	3:24	13	3:24	10.00	1:03:19	-	12	19:28	12	19:28	12	19:28