



GXXH
高新区 / 06.05.2021-06.06.2021

Detailed evaluation

张盼

Total time: 1:13:29

Number: 6_A0006

Speed: 8.17 km/h

Running performance: 7:20 min/km

Course: 10.00 km

10km (女子)

Rank in course: 17 (of 20)

Best time in course: 43:51

Category:

10km (女子)

Rank in category: 17(of 20)

Best time in the category: 43:51

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|---------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------|---------|-------------|----------------|---------------|--------------|-----------------|
| | | | | | | Pos Total | Behind Total | km | Time | | | min/km | Pos Total | Behind Total |
| Kontrolle 105 | - | 13:23 | - | 15 | 4:54 | 15 | 4:54 | - | 13:23 | - | 15 | 4:54 | 15 | 4:54 |
| Kontrolle 105 | - | 11:55 | - | 19 | 5:03 | 19 | 5:03 | - | 25:18 | - | 17 | 9:57 | 17 | 9:57 |
| Kontrolle 105 | - | 12:04 | - | 16 | 5:04 | 16 | 5:04 | - | 37:22 | - | 16 | 15:01 | 16 | 15:01 |
| Kontrolle 105 | - | 11:58 | - | 17 | 4:54 | 17 | 4:54 | - | 49:20 | - | 16 | 19:55 | 16 | 19:55 |
| Kontrolle 105 | - | 11:44 | - | 15 | 4:33 | 15 | 4:33 | - | 1:01:04 | - | 16 | 24:28 | 16 | 24:28 |
| Finish | - | 12:25 | - | 19 | 5:10 | 19 | 5:10 | 10.00 | 1:13:29 | - | 17 | 29:38 | 17 | 29:38 |