



## Detailed evaluation

刘俊灵

Total time: 1:16:16

Speed: 7.87 km/h

Running performance: 7:37 min/km

Number: 11\_A0011

Course: 10.00 km

10km (女子)

Rank in course: 18 (of 20)

Best time in course: 43:51

Category:

10km (女子)

Rank in category: 18(of 20)

Best time in the category: 43:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Kontrolle 105	-	13:50	-	19	5:21	19	5:21	-	13:50	-	19	5:21	19	5:21
Kontrolle 105	-	12:29	-	20	5:37	20	5:37	-	26:19	-	19	10:58	19	10:58
Kontrolle 105	-	12:34	-	18	5:34	18	5:34	-	38:53	-	18	16:32	18	16:32
Kontrolle 105	-	12:27	-	18	5:23	18	5:23	-	51:20	-	18	21:55	18	21:55
Kontrolle 105	-	12:57	-	18	5:46	18	5:46	-	1:04:17	-	18	27:41	18	27:41
Finish	-	11:59	-	16	4:44	16	4:44	10.00	1:16:16	-	18	32:25	18	32:25